

# 512 Outlaw WRESTLING

## SUMMER LEAGUE - HIGH SCHOOL

Each wrestler can expect to get 4 to 8 folkstyle matches each week. Keep skills sharp and improve during the summer. Separate sign-up for each week you wish to participate.

## SUMMER WRESTLING MAKES WINTER CHAMPIONS

### WHO:

Open to **INDIVIDUALS and TEAMS**  
2022 – 2023 Freshman, Sophomore, Junior, or Senior

- Advanced level 7<sup>th</sup> & 8<sup>th</sup> grade wrestlers

Male and Female Wrestlers

### DATES / TIMES:

6:30 PM to finished  
Wednesday Evenings:  
June 14, 21, & 28  
July 12, 19, & 26

### WHERE:

512 Outlaw Wrestling Training Center  
1001 Doris Lane, Unit D, Cedar Park, TX 78613

### REGISTER & WAIVER:

Register at [www.512owc.org/summer-league](http://www.512owc.org/summer-league)

- Completed waiver required, [www.512owc.org/waiver](http://www.512owc.org/waiver). One time good for all other sessions
- Cost \$10 cash or Venmo only

### BRACKETING / ATTIRE:

No weight classes, no weigh-in, honor system  
Shorts, shirt, and wrestling shoes required, singlet, and headgear optional  
No school singlets

### MODIFIED RULES:

Folkstyle wrestling: 3 - 1 ½ MINUTE PERIODS  
Any fall will be brought to their feet to continue to wrestling

For more information on the High School Summer League Wrestling please contact  
Seamus Burke at [seamus@512owc.org](mailto:seamus@512owc.org), or 512.925.5299